

KECC SUPPORT PERSONS (2025)

Henry Fischer (April)



Henry Fischer has a B.A. in Psychology from Brown University and has worked in the nonprofit sector for 25 years; he has served on the Board of Trustees for the Krishnamurti Foundation of America since 2021.

He leads and participates in dialogues around the world related to the teachings of J. Krishnamurti.

While Krishnamurti's words are often brought in at the beginning of a dialogue, emphasis is placed on sensitivity, perception, observation, listening and inquiry.

James Tousignant (May)



I have long been fascinated by the questions "What am I?" and its companion "Why am I here?" In the dialogues and writings of J. Krishnamurti I have found a traveling companion, someone to walk alongside me and guide my exploration into the "extraordinary phenomena of human existence."

Asking questions, deeply listening, finding out for myself, all the while refining my understanding based on my experiences has been a defining feature of my approach to living. Whether I am facilitating a class or self-inquiry meditation retreat, leading a wilderness kayaking trip off Canada's west coast, or working co-creatively with my garden I am passionate about showing up as fully as I can in the moment to what is. For me, this is an ongoing act of awareness, presence, blessing and partnership.

I have a Ph.D. in Experimental Psychology and Statistics and worked professionally as a research methodologist and senior statistician in the public service. Later, I served as the executive director in a community mental health organization providing support to unhoused, vulnerable, and high risk individuals.

Cynthia Overweg (May/September)



Cynthia has been facilitating retreats, workshops and meditative inquiry for over 25 years. Her interest in Krishnamurti's teachings began in the early 1990's when she read Krishnamurti's journals and was captivated by the way he intertwined his love of the natural world with searing insights into the conditioned mind. Her own inner search took on a deeper significance when she was a photojournalist during the Balkan War and witnessed firsthand the shattering impact that war has on children.

Cynthia is the author of *Silent Awareness: The Revelation That Changes Everything* and the forthcoming book, *Awareness Meditations*. Please visit www.cynthiaoverweg.com for more information.

Mukesh Gupta (June/July)



Mukesh Gupta is a traveling educator and speaker from India, with over 25 years of experience in transformative self-inquiry, inspired by the teachings of J. Krishnamurti, Buddha, and non-duality. He spent two decades at the Krishnamurti Retreat Centre in Varanasi, India, and now works with a meditative and transformative self-inquiry approach—a gentle and unhurried process of connecting with one's essence beyond the conditioned layers of the egoic mind. Mukesh believes that a non-authoritarian and compassionate presence is essential for inner

transformation and peace within oneself and society. He is the founder of the School for Self-Inquiry: www.schoolforselfinquiry.org.

Vala Kondo-Legan (August)



The magnetism of Krishnamurti's words is irresistible to me.

Over the years, a shift in sight has radically illuminated relationships, beliefs, and the exhausting maintenance of "me".

Vala believes that Krishnamurti's teachings throw psychology, art and "self-actualization" into a new light and open dimensions on what it means to "understand oneself". Vala's intensive study of Krishnamurti has an additional focus on inquiry into trauma.

Vala Legan is a practicing Marriage and Family Therapist and Art Therapist, specializing in trauma and attachment.

She has published 18 children's books as an illustrator, as well as illustrating over 30 national magazines and newspapers (www.valakondolegan.com).

John Duncan (September)



John's interaction with Krishnamurti and his teachings began in 1984 when he saw public talks in Ojai. From then on he attended many dialogue retreats and events at the foundation until he moved to Ojai in 1999 and began working at the KFA. His work as proofreader for the Krishnamurti Publications was an invaluable scholarship in which he interacted with Krishnamurti talks and dialogues spanning over six decades of Krishnamurti's teaching life, including the 17 volumes of the Collected Works.

He led dialogues on Tuesdays and Saturdays at the KFA for several years and now leads online retreats while most recently giving a talk entitled *This Matter of Fragmentation* at the 2024 May Gathering in Ojai. He looks

forward to engaging visitors at KECC around Krishnamurti and his teachings in a clear and dynamic fashion.

Javier Gomez Rodriguez (October)



Javier was a teacher at Brockwood Park, a school founded by Krishnamurti in England. He later facilitated a Bohmian dialogue group and published several booklets on dialogue. Recently he has been presenting a course offering a comprehensive introduction to Krishnamurti's life and teachings.

Javier was one of the main editors of *The Link*, the magazine published by Krishnamurti Link International (KLI) as an international forum for the study of the teachings. Javier continues to be associated with KLI and keeps to its agenda of international meetings and responsibilities.